

# COMMUNITY CONNECTIONS

Keeping our  
families safe online



**I acknowledge the traditional custodians of the land on which our school is located on – The Wurundjeri Country. I pay my respect to their elders past and present. I also express my gratitude that we share this land today, my sadness for the costs of sharing, and hope and belief that we can move to a place of equity, justice and partnership together.**

**SAFE ONLINE**



# What apps are in your household?







## 1. Start the chat

Get into the habit of talking about online safety as a family, so your child feels comfortable coming to you if they ever need help working out an issue. It's never too early to introduce good online habits such as respect, empathy, critical thinking, responsible behaviour and resilience. As your child grows older, **eSafety's advice about hard to have conversations** will help with some of the tricky topics like sending nudes, online pornography and contact from sexual predators.

**Bec - Social Worker**

**QUESTIONS?**





## 2. Create a family technology agreement

Creating a Family Technology Agreement can help you and your kids decide together when and how digital technology will be used at home. As a family, brainstorm **easy-to-follow rules and display them** where everyone will see them. Your agreement could cover things like: time limits, apps your kids are allowed to use and online behaviour. Families with younger children can download a template to guide the conversation.

**Jayden - Youth Worker**

**QUESTIONS?**





### 3. Set up parental controls

Parental controls let you monitor and limit what your child sees and does online. It's best to use them in combination with the other online safety strategies listed here. Taming the technology can help you understand your options. Grab a device and get started with **our guides to setting up parental controls** on devices and accounts or in social media, games and apps.

**Tara - Youth Worker**

**QUESTIONS?**



#### **4. Choose games and other apps carefully**

Use **eSafety's App checklist** for parents to think about the positives and negatives when your child asks to download a new game or other app. The checklist covers things like age ratings, managing privacy settings and reporting abuse in-app.

**Olivia - Mental Health and  
Wellbeing Leader**



**QUESTIONS?**



## **5. Use digital technology together**

Exploring or playing on devices or online with your child can be a positive experience that promotes learning and development. Ask questions, be curious and get involved.

**Michelle - Cultural Strengthening  
Leader**

**QUESTIONS?**



**EXPLORE AT HOME**

# WHAT'S NEXT?

